

# Lord, Deliver Me

Fred R. Coulter—November 10, 2012

Well, what do you do after the election? Especially all of those who thought that Obama would lose? I thought he would lose, and my wife kept telling me, 'No, he's not going to lose.' I had true confession: *you were right!* Now what do you do?

We have quite a few things here that we can look at, and it's evident if you look at this way: Here is what is called the fulcrum, like a T; the center point is the tipping point when like on a teeter-totter it is balanced. We go back to the time right after WWII, and probably even before that, it was tipped, weighted down and everything was run by people who were either professing Christians or believed in God or were actually practicing Christians themselves.

Gradually through the years, over time—and keep in mind that the liberal progressives started this with Woodrow Wilson, and they have been 100 years at it—they have gradually gotten rid of God. You go through all the things that have led up to it.

- they got rid of God in the schools
- they got rid of God in the government
- they got rid of God in private lives

Education also had a very similar tilt as this:

- more and more social
- less and less teaching people
  - ✓ how to think
  - ✓ how to figure things
  - ✓ how to work

They were given more and more pleasure and benefits. So, the last time that it really tilted toward what you would say are those who hold Christian values was when George Bush was elected. When Obama was elected it came just a little above being balanced. Since that time, it is going down. That's evident by the results of the election.

Jim just gave me a CD I need to listen to where it covers where we are in America today, that we have crossed the line from a moral majority to a nation of an *immoral* majority made up of sinful, wicked, unrepented people who want the sins of Babylon, Sodom and Gomorrah. And they've elected a President who will give it to them! I have a report here that is very interesting—coincided with that I have several reports:

[Christianity on the Decline in Australia; Eastern Faiths Increasing](#) (christianpost.com)

[America's Most Biblically-Hostile U.S. President](#) (wallbuilders.com) by David Baron 2/29/12

It lists 4 items:

1. Acts of hostility toward people of Biblical faith
2. Acts of hostility from the Obama-led military toward people of Biblical faith
3. Acts hostility toward Biblical values
4. Acts of preferentialism for Islam

This tells us that we are looking for some dark days ahead. Just like there's a storm—as we can see what happened back east—if you are not prepared, and if you just assumed things—like this one man did; he assumed that since he sat out hurricane Irene that he could sit out this one, so he and his 13-year-old daughter stayed home, didn't evacuate and lost their lives.

Two weeks after the electricity is out, there are still a half million people who do not have electricity, and it shows you how vulnerable we are. No electricity, nothing works. That really has brought some things out that are very important for us to know and understand.

What we are dealing with is not just primarily a man, not just primarily a movement of people, a political party. We are talking about 50% plus—probably 55%. Obama won the election by 50% and Romney lost it with 49.1%. As I mentioned in a recent sermon, of all the Presidential candidates we've had here recently, Romney—in the letter of the law, despite his Mormonism—was more righteous than any of the candidates we have had.

It shows you that people now on entitlements, with their freebees, bought off with their food stamps, student loans, immoral sex—endorsement of same-sex marriage—and then the two states that passed legalization of marijuana: Washington and Colorado; and two states: Maine and Maryland that voted to have same sex-marriage.

What we're dealing with are forces of evil that are hands of correction from God because we as a nation want God *our way*. Last Sunday, Delores and I went down to the Cozy Cup Café to have breakfast, because we went over to shop. There was this Harvest Life Church right there. Since we had to wait, I heard the sound—the door was opened and I stepped in to look—and there were about a half dozen people in there with about 50-60 chairs and some young guy up there beating the drums and singing and howling, and a few people out there doing their thing. I thought this is the state of

Christianity? No wonder people want to leave! I did! I turned right around and left! I didn't want to stay.

What we are going to see is evil begins to be accepted more and more. What did Jesus say about that in Matt. 24? *Because lawlessness shall be multiplied, the love of many shall grow cold!* You can see this reaction with the people in the storm. There are a lot of them doing good back there. But look at the reaction after two weeks: we're spoiled, we're soft, we have every convenience; if they're taken away, what are we going to do?

God is using those as a hand of correction. Let's come to Eph. 6 and look at a Scripture here, because this tells us something very important about what we are dealing with. We are not just dealing with evil people. We have to get to the primary cause behind it. The reason is there is a spiritual power of evil we all know—Satan the devil. Where does he work? *Like anything else, if you get those who are the teachers, if you get those who are the leaders, and if you subvert them—what happens? Everybody under them becomes gradually subverted in degree!* Some will resist, some will not.

This is what we're going to have to do, Ephesians 6:10: "Finally, my brethren, be strong in the Lord... [we're going to see how we need to be strong in the Lord today] ...and in the might of His strength." ***We're going to have to trust and rely on God more and more and more!*** Even for the things that we need daily.

We have something we need to do, and this is accomplished by the Word of God. Verse 11: "Put on the whole armor of God so that you may be able to stand against the wiles of the devil." The extreme case of this was Lot. Remember how God had to rescue him? That was really a difficult choice, too. Peter wrote that Lot was frustrated and upset with the behavior of those in Sodom.

- What are we going to do as the whole nation becomes more like that?
- What are we going to do if they legalize 'pot'?

Remember, there was one candidate for President—Gary Johnson—who started as a Republican but ran on the Libertarian ticket and said, we ought to legalize drugs. So did Ron Paul.

- Can you imagine what this society would be like with legalized drugs?
- Do you want to drive on a freeway?
- Do you want to walk down the sidewalk?

"...wiles of the devil." He subverts!

Here are two test cases: Colorado and the state of Washington, because the state law that says you can possess one ounce or more of marijuana. A

little known secret: They got all their funds to do all the soliciting and signing of petitions and everything from Mr. George Soros! He has done that before in other states. What's going to have to happen? *It's going to come before the Supreme Court!*

- What happens when 'everybody does it'?
- Is the law against it of any value? *No!*

So, they will say, 'too many people are smoking anyway, so what we need to do since we have all of these financial problems is to legalize it and tax it. Another evil! Of course, marijuana is a gateway to stronger drugs.

Look at what happened when some of these people were told they may lose their government benefits. You may have to go to work! They didn't like that. Like this one woman said joyfully as she waved a cell phone in her hand: 'I got a free phone from Obama! I'm votin' for Obama!' Delores and I saw a woman interviewed on TV from New Hampshire, and the reporter asked, 'Who did you vote for?' She said, 'I voted for Obama.' She must have been in her mid-60s or a little older. 'Why did you vote for him?' *I like him.*

***People have been reduced to emotions and feelings, rather than truth, rather than what is right!***

Verse 12: "Because we are not wrestling against flesh and blood, but against principalities and against powers, against the world rulers of the darkness of this age, against the spiritual power of wickedness in high places." In the governments! Once you capture the government it filters down to all the people except those who don't want to go along with it. Then you are labeled as a dissident. Then you are labeled as an enemy of the state. It may very well happen. How long will it take? *We do not know!*

Proverbs 29 shows the simple contrast that the people going to the polls had no idea what they were doing. They voted because of feelings, because they thought it was right, and they didn't want to be told what they needed to do. Remember, Romney said that 47% of the people won't vote for him because they're all on government dole. They made a big deal of it! How many voted against him? 50%! Who did that include? *The 47%!*

I want you to look at the contrast, Proverbs 29:2: "When the righteous are in authority, the people rejoice... [because it comes down to the people] ...but when the wicked rule, the people mourn." That's about where we are right now—isn't it? *Yes!*

Verse 4: "The king establishes the land by justice, but he who takes bribes tears it down."

Remember all the billions of government grants? Those were really bribes to friends of Obama! "...tears it down." Has it been tearing us down? Has it been putting us in debt? *Yes, indeed!*

Think of this: You want to know why Washington, D.C., is so messed up, especially the people who are in power. I will have to say that there are some in the Republican Party who want to do what is right, but they are so outnumbered that I don't think they can do a thing to budge anything, to make anything right.

Verse 12: "If a ruler hearkens to lies, all his servants *are* wicked." I wonder who is advising the President?

Verse 16: "When the wicked are multiplied... [lawless, wicked] ...transgression increases... [Do we have an increase in crime? *We have more wicked!* Are more wicked in control? *Yes, indeed!*] ...but the righteous shall see their fall." However, it may not happen in our lifetime. If we understand the prophecies, we're looking at a time where the fulcrum is going to go down, *down*, down!

Verse 14: "A king who faithfully judges the poor, his throne shall be established forever." With that in mind, let's come to Psa. 12. As we go through some of these Scriptures and things, we're going to see some things we need to watch for and be aware of, and we need to also understand how we need to behave ourselves; how we need to act toward God especially.

Psalms 12:1: "Help, O LORD, for the Godly man ceases; for the faithful disappear from among the children of men.... [What did we read? *Christian values are going down!*] ...They speak falsehood each one with his neighbor; with flattering lips and a double heart they speak" (vs 1-2). Sound like the perfect politician to win? *Yes, indeed!*

Verse 3: "The LORD shall cut off all flattering lips, *and* the tongue that speaks proud things, who have said, 'With our tongue we shall prevail; our lips are our own; who is lord over us?'" (vs 3-4). Well, they're also going to have some very calamitous times come. Corruption is going to also reap more corruption, which is going to cause more problems at the top and it filters all the way down into the population.

Verse 8: "The wicked walk on every side when vileness is exalted among the sons of men." Vileness is same-sex marriage, legalizing drugs, being all on the take.

Let's look at some more about liberals. Isaiah 32 is interesting; it actually talks about—in the beginning part of this chapter—when Christ will rule.

Isaiah 32:5: "The vile one shall no more be called liberal, nor the miser said *to be* bountiful. For the vile will speak folly, and his heart *will* work iniquity, to practice hypocrisy and to speak error against the LORD, to make the soul of the hungry empty, and he will take away the drink of the thirsty" (vs 5-6).

Isn't that what has happened in every liberal government program to help people. It soon ends up in misery. Look at all the tenement housing that they've built beginning in the 60s; nothing but crime-ridden places. Many of them are already torn down.

Verse 7: "Also the weapons of the vile *are* evil; he thinks of wicked ways to destroy the poor with lying words, even when the needy speaks right.... [Even when a lowly citizen who knows better can say to one of these elite, 'You're wrong!'] (here's why): ...But the liberal thinks liberal things... [or vile things] ...and by liberal things he shall stand." (vs 7-8). Not going to change his mind; nothing is going to change!

That helps us to understand the situation and what we're going to be looking at here. As Delores has admonished me, and I keep telling myself everyday, 'Be wise as a serpent and harmless as a dove, watch your tongue, Fred.' I need to heed that advice. Lot's of times Delores thinks she doesn't make an impression upon me, but she does, because she gives very, very good advice. Sometimes not so good, and she's reluctant to admit those, just like I'm reluctant to admit mine.

In the sermon *Trusting the Lord*, I went through every verse of Psalm 37, but I'm not going to do that here. I want you to go through it and study it again. Here's the first thing we need to do to keep our balance and to keep sound-mindedness. Otherwise, we're going to run off and be angry, we are just going to look at everything and be condemning everything. Even in spite of the fact that it probably needs to be condemned, no one will hear you!

Psalms 37:1: "Do not fret yourself because of evildoers..." Don't get frustrated; don't get upset. If you do, get it all out of your system before you leave the house. Get it all out of your system before you go to bed. Don't lie there awake at night and say, 'How did he do this!'

"...and do not be envious against the workers of iniquity, for they shall soon be cut down like the grass; and wither as the green herb. Trust in the LORD, and do good..." (vs 1-3). There are two things you need to do:

1. Trust in God, He will help you!
2. Do good!

I want you to read all the rest of Psalms 37

- v 4: “Delight yourself in the LORD...”
- v 5: Commit your way unto the LORD; trust also in Him...”
- v 7: “Rest in the LORD, and wait patiently for Him; do not fret yourself because of him who prospers in his way...”
- v 8: “Cease from anger...”

There the promise is in there five times that ***the righteous will inherit the earth!*** Keep in mind what God has promised to give us.

We’re the ones who are going to undo all of the wickedness that’s taking place in all the governments around the world. Remember that! Every time something comes up, you can say to yourself, *Thank you, Lord! We will replace them! Christ is going to rule the world!*

Keep that in mind! You’ve got to always have that in the forefront of your mind so you’re not going to be discouraged, you’re not going to be taken down. It’s easy to do. You watch the news and listen to the news and there’s murder, rape, disasters, lying, cheating, stealing, adultery. One of the famous generals of the U.S. Army today had to admit that he had an affair. Remember the sermon I gave: *It’s not How You Start, It’s How You Finish!* Also, the way you start to how you finish determines how you do between the start and the finish.

Psalm 36:1: “The wicked utters transgression in his heart. There is no fear of God before his eyes, for he flatters himself in his own eyes until his iniquity is found to be hateful.... [I am the greatest!] ...The words of his mouth are iniquity and deceit; he has stopped acting wise and doing good” (vs 1-3). Those kind of people you can’t vote them out—and that’s the whole lesson. You can’t change them because they will not change their mind. We’re at a point that the only thing that’s going to change anything is repentance!

I thought it was interesting, Gov. Christi in talking about all the damage in New Jersey said, ‘The only thing we need are frogs and lice.’ Shows he understood some Biblical things. My thought was, ‘Be careful what you ask for.’

Psalm 34 gives us how to keep our relationship with God right, and our frame of mind right. You can’t worship God and please God if you have anger in your heart all the time because of what political people do. Maybe they’ve been put there as punishment for the nation. Make sure that you’re right with God.

Psalm 34:1: “I will bless the LORD at all times; His praise shall always be in my mouth. My soul shall make its boast in the LORD; the humble shall hear and be glad. O magnify the LORD with

me, and let us exalt His name together. I sought the LORD, and **He answered me, and delivered me from all my fears**” (vs 1-4). That’s the faith and trust we need to have. There’s a promise. If you have difficulty believing this, take your Bible, open it up, get down on your knees and read this. Say, ‘O Lord God, You have promised. Help me! Intervene for me! Change things for me! Help me to see it the way that You want me to see it!’

Verse 5: “They looked to Him and were radiant; and their faces were not ashamed. This poor man cried, and the LORD heard, and saved him out of all his troubles” (vs 5-6). Whatever they are, God will work it out.

Now, some of the things that come along really appear to be not what you supposed that God may think you need. Nevertheless, you cry out to God and He will save you. Here’s another thing—especially in the days that we’re living in—remember the sermons that Michael Heiss gave concerning *Angels of God?*

Verse 7: “The angel of the LORD encamps around those who fear Him and delivers them.” We need deliverance from this society and the effects of it, and to keep the enemy *far away* from us, *blinded* toward us as much as possible. Let them have bigger goals to seek than us.

Verse 8: “O taste and see that the LORD is good...” Sidebar: The New Testament says ‘feed the flock.’ How are you to feed the flock? *With the Word of God!* What does that feed? *Your mind and your spirit!* Then you can have spiritual strength. That’s what it means.

“...blessed is the man who takes refuge in Him” (v 8). There are times you need to do things. There are times you need to just say *no, I’m going to leave it in God’s hands!* Let Him handle it.

Verse 9: “O fear the LORD, all you saints, for there is nothing lacking to those who fear Him.” Maybe we won’t get everything that we want, but that doesn’t necessarily mean that we’re lacking.

Verse 10: “The young lions do lack and suffer hunger, but those who seek the LORD shall not lack any good thing.”

Listen! What I want you do in studying these Psalms, because this hit me when I was reading them: How many of these things tell us what to do.

- v 1—bless Him; praise Him
- v 2—boast in Him; hear and be glad
- v 3—magnify the Lord
- v 4—I sought the Lord, He answered, He delivered
- v 5—they looked to Him
- v 6—this poor man cried; God saved him

- out of his troubles
- v 7—the angel of the Lord encamps around those
- v 8—taste and see that the Lord is good
- v 9—O fear the Lord
- v 11—hearken to me

All of those are positive things that when you just read through the Psalms you miss the impact of every one of these phrases, which really tie into the things in the New Testament as to how we need to live and behave.

Verse 11: “Come, hearken to me, you children; I will teach you the fear of the LORD. Who is the man that desires life, and loves many days, that he may see good?” (vs 11-12). That’s what we want! We want the resurrection—right? *Yes!*

Verse 13: “Keep your tongue from evil and your lips from speaking guile. Depart from evil and do good; seek peace and pursue it” (vs 13-14). Sometimes that’s really, really hard for me. Think on this:

- Does God care for you?
- Does God love you?
- Has He called you?
- Has He given you His Holy Spirit?
- *Yes!*

Verse 15: “The eyes of the LORD are upon the righteous, and His ears are open to their cry.... [When we pray, it goes directly to God the Father in heaven above.] ...The face of the LORD is against those who do evil...” (vs 15-16). Their day will come! Just like we discussed with King Nebuchadnezzar. After he was warned, about a year later he said, ‘Oh, look at all of this that **I** have made.’ BAM! God struck him down!

“...to cut off the memory of them from the earth” (v 16). Notice how this is: do this, this happens:

- God helping you
- God will cut off the evil ones
- God will hear and answer

Verse 17: “The righteous cry, and the LORD hears, and delivers them out of **all** their troubles.” All of them! We can trust God for it. This also means that along the way we need to make as many right decisions as we can. We need to do things in a proper way as much as we can.

Here’s the attitude and how it should be before God, v 18: “The LORD is near to the broken-hearted and saves those who are of a contrite spirit.” That’s what it needs to be, not lifted up.

This is why Delores tells me, ‘Fred, just

talk!’ She would remind me, ‘I spent a lot of years listening to a lot of vain, arrogant preachers, so just talk.’ I have that ingrained in my brain. Every time I leave to go someplace, Delores says, ‘Just talk!’ As I drive down the road it’s echoing, ‘Just talk!’ She’s helping to program my mind.

Verse 19: “Many are the afflictions of the righteous, but the LORD delivers him out of them all.” In the second part of this sermon, we’re going to concentrate on the word *deliver*. God is the only One Who can deliver us.

Verse 20: “He keeps all His bones; not one of them is broken. Evil shall slay the wicked; and those who hate the righteous shall be condemned” (vs 20-21). That’s really something—isn’t it?

Also, what I want you to do in studying through the Psalms and reading through them, I want you to use these in your prayers. ***Claim these promises!*** God says that His eye is on you. Do the things that please God.

(go to the next track)

Let’s come to Psalm 31, this is a great Psalm. Think of the feeling and the emotion that is in here. Of course, that’s the time in your prayers that you are to have feeling and emotion.

Psalm 31:1 “In You, O LORD, have I taken refuge, let me never be ashamed; **deliver me...**” We’re going to focus on *deliver me*. We’re going to cover a good number of Scriptures in the Psalms where it is *deliver me*.

- we have to be delivered from Satan
- we have to be delivered from evil men
- we have to be delivered from our own nature

“...**deliver me** in Your righteousness. Bow down Your ear to me; **deliver me quickly...**” (vs 1-2). I don’t know what kind of problem David was in, but there is sure a lot of feeling in that.

Notice the positive things; this is what I want us to focus on. “...be my strong Rock, a fortress of defense to save me; for You are my Rock and my fortress; therefore for Your name’s sake lead me and guide me” (vs 2-3). That’s what we want. We want to be led by the Holy Spirit of God.

Sometime last week I was thinking about a man who called quite some months ago. It was a man who had grown up in the Church. When I was pastoring Torrence and Santa Monica he was there. Of course, he didn’t come with us, but nevertheless, sometime back he got a hold of me and he was really very happy with the website, churchathome.org and the Bible.

I said, ‘Okay, I’m going to send you a box of Bibles,’ because he wanted to know if he could give

some to his friends and so forth. I guess about a week ago I just happened to think, I wonder where he is? I wonder what he's doing? Two nights ago he called! I thought: that can't be a coincidence. He wanted some more Bibles because his wife is Peruvian or Ecuadorian and they kept the Feast of Tabernacles down in Ecuador—if I have the geography mixed up, I join the ranks of most of the ignorant! They want some Bibles and his friends still want some Bibles. I told him we'd send him another box.

There are other occasions when things happen. Have you ever had something happen that you just had a fleeting thought that this would be nice, and lo and behold it happened? *Yes! That's God leading you. That's God letting you know that He is active in your life and He understands your thoughts*, and just like the promise is, exceedingly abundantly above all we ask or think.

This is how we need to look at the Psalms. "...be my strong Rock... [What did Jesus say about building on the Rock (Matt. 7)] ...for You are my Rock and my fortress..." (vs 2-3). Do a study through the book of Psalms and see how many times Rock is mentioned.

"...therefore, for Your name's sake lead me and guide me.... [Notice when you're really in trouble]: ...**Pull me up out of the net** that they have hidden for me, for You are my strength" (vs 3-4). Here again we have it like it is in the New Testament: *In God we live, move and have our being*.

Here's a prophecy of what Jesus said on the cross, v 5: "Into Your hand I commit my spirit... [Sometimes there's just a phrase out of a Psalm and fits right in with what God said would be and fulfilled in Christ] ...You have redeemed me, O LORD God of Truth." This is what we're seeking after. We're seeking after Truth.

Verse 6: "I have hated those who take heed to lying vanities, but I trust in the LORD. I will be glad and rejoice in Your loving kindness, for You have looked upon my affliction; You have known the troubles of my soul" (vs 6-7). Sometimes you have more troubles—it's amazing sometimes! God will deliver you out of them.

Here's comfort, v 8: "And have not given me over into the hand of the enemy; You have set my feet in a broad place. Be gracious unto me, O LORD, for I am in distress; my eye is consumed with grief, yea, *even* my soul and my body; for my life is spent with grief and my years with sighing; my strength fails because of my iniquity, and my bones have wasted away" (vs 8-10). Even in that desperate condition!

Verse 11: "Because of all my adversaries I have become a reproach, but especially among my neighbors, and a dread to my friends; those from outside who saw me fled from me." That verse is also a prophecy of some of the thoughts of Christ, especially when He was hanging on the cross.

Verse 14: "But I trusted in You, O LORD; I said, 'You are my God.'" When you get to that, you also need to understand something that is very important to realize, which is this:

- all of us have things in our mind
- all of us have things that need to be cleansed out
- all of us have had our way of thinking
- all of us have had our way of doing

What we're trying to do is conform to the way of God. When it says here *you are my God*, we need to get rid of all other things that may be idols in our mind—regardless of what it is.

Verse 15: "My times are in Your hand; deliver me from the hand of my enemies, and from those who persecute me. Make Your face shine upon Your servant; save me in your loving kindness" (vs 15-16). Notice over and over again all the things that these Psalms impart to us for your relationship with God.

Verse 17: "Let me not be ashamed, O LORD, for I have called upon You; let the wicked be ashamed. Let them be silent in the grave. Let the lying lips be put to silence—the lips which speak arrogantly against the righteous with pride and contempt" (vs 17-18). How's that for a way of praying for your enemy. God will take care of it.

Verse 19: "Oh, how great is Your goodness, which You have laid up for those who fear You, which You have prepared for those who take refuge in You before the sons of men!.... [here's another promise] ...You shall hide them in the secret place of Your presence... [through God's Holy Spirit; God's Spirit leading you] ...from the plottings of man; You shall hide them in a shelter away from the strife of tongues. Blessed is the LORD, for He has shown His wondrous loving kindness in a besieged city, for I said in my haste, 'I am cut off from before Your eyes;' nevertheless You heard the voice of my supplications when I cried to You. O love the LORD, all you His saints! The LORD preserves the faithful, and fully repays the proud doer. Be strong, and let your heart take courage, all you who hope in the LORD" (vs 19-24).

That's right where we started—right? *Be strong in the Lord!* Now let's look at some other Psalms where it talks about deliverance. If you have a concordance, just use that or if you had a word search and you have this on your computer or on

your smart-phone you can use that.

Psalm 43:1: “Vindicate me, O God, and plead my cause against an ungodly nation. Oh, **deliver me** from the deceitful and unjust man, for You are the God of my strength; why do You cast me off?...” (vs 1-2). Sometimes you feel like you’re cast off, but you’re not, you’re just in the midst of a trial to strengthen you.

There are many other Psalms you can look to; I just want to focus in on *deliverance*. This, by the way, is not an exhaustive thing at all.

Psalm 59:1: “**Deliver me** from my enemies, O my God; defend me from those who rise up against me. **Deliver me** from the workers of evil and save me from bloody men” (vs 1-2). I don’t know what David went through with a lot of these things, but I tell you, after reading the Psalms and recording them—and we’re going to get them edited just like we have with the Proverbs.

Psalm 119—that was a long Psalm reading that, so what I did, I read it according to the Hebrew alphabet. The Hebrew alphabet has 22 letters in it. Brian, up north, made a comment about 22 and he said, ‘Humans have 22 chromosomes—thousands of genes—that are constant; those 22 are constant. The one that is variable is the X or Y chromosome for sex determination. Isn’t that interesting?’

The God Who’s Creator—and you can read Psa. 119 about how David praised God for being so fearfully and wonderfully made—created 22 chromosomes, plus the 23<sup>rd</sup> for sex determination.

Psalm 119:134—remember, we’re focusing on *deliver me*: “**Deliver me** from the oppression of man, and I will keep Your commandments.”

Verse 154<sup>[transcriber’s correction]</sup>: “Plead my cause and **deliver me**; according to Your Word give me life.”

Verse 170: “Let my supplication come before You; **deliver me** according to Your Word.”

This is why we’re to know the Word of God, the promises of God. This will help you in your prayers. This will help you when difficulties come along. This will help you have strength in times of trouble. Now let’s see how this all flows together.

Psalm 140:1: “**Deliver me**, O LORD, from the evil man; keep me from the violent man.” There we have listing out all the troubles:

- from iniquity
- from oppression
- from affliction
- from the evil man
- from the violent man

Verse 2: “Those who devise evil things in their

hearts; together they always stir up wars.” Wars and fighting, that’s sure true.

Verse 6: “I said to the LORD, ‘You are my God; O LORD, hear the voice of my supplications.’” Don’t be afraid to pray that way. That’s why all of these Psalms are here, so that we can learn to pray, so that we can really have a great relationship with God the Father and Jesus Christ.

Verse 7: “O Lord GOD, the strength of my salvation... [that’s where it comes from; God is our strength] ... You have covered my head in the day of battle.” What does it say in Eph. 6 about *putting on the helmet of salvation*?

Verse 8: “O LORD, do not grant the desires of the wicked; do not further their wicked plots, lest they exalt themselves. Selah.”

Again, look at these prayers, think about your prayer life. Let’s also understand something very important concerning prayers. There are two kinds of repetitions:

1. Vain—like you pray the rosary—blah, blah, blah
2. Needed:
  - Do you need protection everyday? *Yes!*
  - Do you need food everyday? *Yes!*
  - What are your needs that constantly come along?
  - Should you pray for others everyday? *Yes, indeed!*
  - What if it’s the same person all the time you’re praying for?
  - Do they still need your prayers? *Yes!*

Those are needed repetitions.

Like Jesus said in the parable of the little widow woman and the judge. She kept going to the judge and saying, ‘Avenge me.’ *I won’t do it!* ‘Avenge me.’ *I won’t do it!* He was a mean dude! He didn’t believe in God and didn’t respect men, but she kept coming: ‘Avenge men of my enemy.’ Finally he said, ‘She’s wearing me out.’ So, she took care of it.

Likewise with our prayers, Jesus said, ‘You should never give up praying.’ That’s why these Psalms are here, so you won’t give up praying.

Psalm 142:2: “I poured out my complaint before Him; I declared my trouble before Him. When my spirit fainted within me, then You knew my path. In the way in which I walked they have secretly laid a snare for me” (vs 2-3). Sounds like everyone in the world was after David.

Verse 4: “Look to the right and see, no one is concerned for me; I have no way to flee; no man cares for my life.” Have you ever felt that way?

Been down and out so bad; no one likes you; no one cares for you; no one looks to you; no one speaks to you? It's almost like you're walking around like 'Joe Btfsplk'—in the cartoon. He's the fella who always walking under the cloud and it's raining all the time. Sometimes you feel that way. There are going to be days that you're going to have not a single thing go right. Remember, *there's always tomorrow!* Take it to God.

Verse 5: "I cried to You, O LORD; I said, 'You are my refuge and my portion in the land of the living. Hear my cry... [One of the Psalms starts out, *HELP!*] ...for I am brought very low; deliver me from my persecutors, for they are stronger than I. Bring my soul out of prison that I may praise Your name; the righteous shall gather around me, for You shall deal bountifully with me'" (vs 5-7). God will bring it to fruition in the long run.

Psalm 143—again, the same thing. Did David have God's attention? *Yes, he did!* He's called 'a man after My own heart.' Why? You can see it reflected in all the Psalms.

Psalm 143:1: "Hear my prayer O LORD; give ear unto my supplications; in Your faithfulness and in Your righteousness answer me." We don't know how soon the answers come. Sometimes they come way far down in the future, but nevertheless they come.

Verse 2: "And do not enter into judgment with Your servant, for in Your sight no one living is righteous, for the enemy has pursued my soul; he has beaten my life down to the ground; he has made me dwell in darkness, as those long dead. Therefore, my spirit is overwhelmed within me; my heart is weary within me" (vs 2-4). He was just worn out and exhausted! Maybe this was part of the time when Saul was chasing him all over the countryside, giving him no rest.

Verse 5: "I remember the days of old... [remembered the things of God] ...I meditate on all Your works; I consider the work of Your hands." What does this tell us? Once you have innumeraated all of your problems and difficulties then look at all of the good qualities of God. All of the good qualities of God represent a promise:

- love
- hope
- joy
- deliverance

All of those are promises, so claim them.

Here he needed an answer right away, v 7: "Answer me quickly, O LORD; my spirit fails..." Let me tell you a story about Heidi Voegelé. They live up in Montana and right now there's a big blizzard going on up there, but they're well

prepared for it. Sometime last week they went out hunting. The whole family hunts. That's how they get their meat. They get venison, elk and so forth.

There was a herd of deer ahead of them and they were eating. She had her rifle and took a shot. Normally, they run off. She missed, so her husband John gave her Nathan's rifle that was calibrated and zeroed in and she took one shot and got the deer and of the deer that they got—I think they got 3 deer—when I talked to her the other day, she said, 'I'm right in the middle of cutting deer meat.' I said, 'I'll call you back later.' She said, 'No' because what I had to do didn't take very long, so she did it.

But she said that what they did when that one rifle didn't hit them, they all prayed and asked God, 'Please, we need the meat. We can't afford to go to these markets. Lord, you created our meat out there, there it is for us.' So, BAM! one shot. It didn't destroy any of the flesh. It got it right on the back of the spine, right across the top. So, all the meat was good.

I thought it was interesting that every time that they prayed, and I think they prayed two or three times during this one hunting trip that they had, and they had to get it and get it in because they knew the weather was coming. You're not going out hunting in a blizzard.

- Did God hear them speedily? *Yes!*
- Answer immediately? *Yes!*

Sometimes you don't even have time, like if something comes along and a car just barely misses you, the only thing you can say is, 'Thank You, Lord.' You don't have time to pray.

Verse 7: "Answer me quickly, O LORD; my spirit fails; do not hide Your face from me, lest I be like those who go down into the pit. Cause me to hear Your loving kindness in the morning, for I do trust in You; cause me to know the way in which I should walk, for I lift up my soul unto You.... [After everything else we read at the beginning of it]: ...**Deliver me**, O LORD, from my enemies... [How are you to be delivered] ...I flee to You to hide me" (vs 7-9). Remember we read *in the secret presence of the Lord? Yes!* You can't see that, but God does!

Verse 10: "Teach me to do Your will, for You are my God; may Your good Spirit lead me on level ground of uprightness." Quite a Psalm!

Psalm 144:1: "Blessed is the LORD my Rock... [How many times just in these few references we've had *Rock?*] ...Who trains my hands for war, my fingers for battle." For us those are spiritual battles!

Verse 2: "He is my loving kindness and my



fortress, my high tower and my deliverer, my shield and He in Whom I take refuge, Who subdues my people under me. O LORD, what is man that You take knowledge of him?... [Of all the billions of people on earth, think about that!] ...Or the son of man, that You think of him? (vs 2-3). It says in Psa. 8 that He made us a little lower than God! That's why in understanding the secret of the Lord, that's a fantastic thing to always keep in mind.

Verse 4: "Man is like a breath; his days are like a shadow that passes away." That sure is true— isn't it? When you think about all of the things in the universe, billions of light years away, etc.

Verse 5: "Bow down Your heavens, O LORD, and come down; touch the mountains, and they shall smoke. Cast forth lightning and scatter them; shoot out Your arrows and destroy them. Send Your hand from above; **rescue me and deliver me** out of mighty waters, from the hand of foreigners" (vs 5-7).

Mighty waters, that's something! Have you ever been out really in the deep? I know when we got on the troop ship to head over to Korea, I was already on the rail vomiting before the ship started to leave, because the pilot took the ship out underneath the Golden Gate Bridge and then stopped. When he stopped we had all these waves and here I am... I was really in bad shape!

After a few days you get used to it, and there was some good weather. When we were on the dock loading up, here's this big troop ship; you think *this is gigantic!* Then you get out in the ocean and there is nothing to see. That ship is just a tiny, little speck out there.

Anyway, when I came back after the tour of duty, we came back to Seattle and lo and behold, there was a big storm and the ship was leaning over at about 15-20 degrees in the storm. I remember standing there at one of the doors. Of course, there was another deck above, so that was like a little roof, and looking out at the ocean with those waves that were really high—10-15 foot high waves—with the ship at an angle. I just stood there. I don't remember if I prayed or not or anything like that. I don't remember, but I was 'Oh boy, I hope this ship makes it.'

If you get out there, how would you like to be thrown overboard in a situation like that? Deep waters! Sometimes the problems you have are like *mighty waters*.

Verse 11: "**Rescue me and deliver me** from the hand of foreigners because their mouth has spoken deceit, and their right hand is a right hand of falsehood."

Let's finish up where we started out. There

are two things we need to be rescued from. Rescue is stronger than *deliver*. Rescue means that you're in desperate shape. We need this every single day. That's why it's here in the model prayer:

Matthew 6:9 begins the model prayer. This is an outline. These are the factors within a prayer. It would be very interesting if you would take this outline prayer and outline some of the Psalms. You will see that it fits right along with it.

Matthew 6:9: "Therefore, you are to pray after this manner: 'Our Father Who *is* in heaven, hallowed be Your name; Your kingdom come... [we're always to look to the kingdom to come] ...Your will be done... [We may have things we need to do and so forth, but it better be with the will of God] ...on earth, as *it is* in heaven; give us this day our daily bread; and forgive us our debts, as we also forgive our debtors'" (vs 9-12).

We need forgiveness every day. Everybody needs forgiveness every day. Is your mind so pure and clean that you no longer think any evil thoughts? *Of course not!*

Verse 13: "And lead us not into temptation, but **rescue us** from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen." We start with the kingdom; we end with the kingdom. We pour our heart out to God. Whatever our needs are; whatever the things are according to the outline of this prayer.

Colossians 1:9: "For this cause we also, from the day that we heard *of it*, do not cease to pray for you..." There's a good example. Paul prayed for them continuously. Was there a need? *Yes!* Whatever the need is, you continue praying.

"...and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding" (v 9). This is where all of this is to lead, and we sure need it right now as much as we can.

Verse 10: "That you may walk worthily of the Lord, unto all pleasing, being fruitful in every good work and growing in the knowledge of God." Today we can do that, brethren.

Probably 90% of all sermons that you ever heard they mention prayer and study. Well, that's like saying eating and breathing. Regardless of how many times you say eat and breathe, you still need to do it until you have your last breath—correct? *Yes!* Same way with prayer; same way with study, because you don't know what God is going to do with your knowledge, with your understanding, as you seek it, as you grow in it, whatever your situation may be.

Verse 11: "Being strengthened with all

power...” Remember, Jesus said, ‘All power and authority in heaven and in earth has been given to Me.’ So, you can claim those promises.

- God will intervene!
- God will help!
- He will hear!

“...according to the might of His glory, unto all endurance and long-suffering with joy; giving thanks to the Father... [because here’s what He’s done]: ...**Who has made us qualified for the share of the inheritance of the saints in the light**” (vs 11-12). Think about this for a minute:

- How important are you to God?
- How much does God love you?
  - ✓ Why God called you
  - ✓ What He did to do it

Verse 13: “**Who has personally rescued us from the power of darkness...** [That’s Satan the devil and his world and all the way that he is] ...and has transferred *us* unto the Kingdom of the Son of His love.” That’s something, brethren! That’s what God does for us!

Remember all these points of *deliver me!*  
**Go to God and bring it to Him and He will fulfill His will for you!**

#### Scriptural References:

- 1) Ephesians 6:10-12
- 2) Proverbs 29:2, 4, 12, 16, 14
- 3) Psalm 12:1-4, 8
- 4) Isaiah 32:5-8
- 5) Psalm 37:1-5, 7-8
- 6) Psalm 36:1-3
- 7) Psalm 34:1-21
- 8) Psalm 31:1-3, 2-11, 14-24
- 9) Psalm 43:1-2
- 10) Psalm 59:1-2
- 11) Psalm 119:134, 154, 170
- 12) Psalm 140:1-2, 6-8
- 13) Psalm 142:2-7
- 14) Psalm 143:1-5, 7-10
- 15) Psalm 144:1-7, 11
- 16) Matthew 6:9-13
- 17) Colossians 1:9-13

#### Scriptures referenced, not quoted:

- Matthew 24; 7
- Psalm 8

#### Also referenced:

#### Articles:

- *Christianity on the Decline in Australia; Eastern Faiths Increasing*\_(christianpost.com)

- *America’s Most Biblically-Hostile U.S. President* (wallbuilders.com) by David Baron 2/29/12

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